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# Buddhism (World Beliefs \& Cultures) 



## Synopsis

Why is the lotus flower an important Buddhist symbol? What are the three most important Buddhist teachings? What is Nirvana? Discover the rich cultural background behind this world religion. Find out where Buddhism originated, trace its history, and explore the meanings of its symbols. Explore Buddhism's holy books and religious teachings. Learn about major festivals, celebrations, and rites of passage. Meet young people from around the world who share their reflections about Buddhism.

## Book Information

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